



TakeChargeOhio

Manage Pain.
Prevent Medication Abuse.



Warning Signs: Recognizing When Someone Is In Danger

When it comes to the misuse or abuse of prescription pain medication, **anyone can be at risk**. It is an issue that affects all populations and it is important to recognize the warning signs when someone you know is in danger. Indicators include:



Frequent physician visits



Depression, anxiety, or post-traumatic stress disorder



Aggressive behavior to obtain prescriptions



Smoking or frequent abuse of alcohol



Personal or family history of substance abuse



Sharing medications



Increasing dose without first discussing with a health care provider

If you think you or a loved one is misusing pain medications, there IS help.

Helpline: 1-877-275-6364
Text Crisis Line:
4hope to 741741



For more information on safe pain management tips, visit TakeChargeOhio.org

Ohio
Department of Health